

FRANKLIN AREA

FAMILY RESOURCE GUIDE



2012 – 2013

A Collaborative effort between the Parent Involvement Advisory Committee, the Mayor's Drug Task Force, Franklin Regional Hospital, Franklin Parks and Recreation and SAU 18.

Updated 4/13

May 1, 2013

Dear Community Partners,

True community partnership comes when we can all work together to achieve a common goal. I started the Franklin Mayor's Drug Task Force in 2009 with a goal to reduce drug and alcohol use in Franklin. Through this initiative we have seen many groups, individuals, and businesses come together to embrace the work of making Franklin a better community.

I want to thank those who have worked hard to make this document a living tool. I hope that it will be used as a way to connect our resources and share the many services offered in our community amongst those we serve. Together we can achieve success!

Sincerely,
Mayor Ken Merrifield



LRGHealthcare
care. compassion. community.

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Crisis Information

211 – Information about health and human services and other resources in your community.

www.211nh.org

TTY – 1-603-634-3388

Voice-1-800-735-2964 or Call 711

Out-of-State – 1866-444-4211

911 – for EMERGENCY situations. Fire, Police or Ambulance from anywhere in NH

CHILD ABUSE

<http://www.dhhs.nh.gov/dcyf/cps/>

A toll-free number: **800-894-5533** (in state only), or **603-271-6562** (out of state) 8:00 AM. to 4:30 PM, Monday thru Friday is staffed by highly trained, experienced workers.

POISON CONTROL

Northern New England Poison Center

1-800-222-1222

www.nnepc.org

NH COALITION AGAINST DOMESTIC AND SEXUAL VIOLENCE

(603)225-7376

Concord, NH

www.nhcadsv.org

Crisis Line – 24 hour

1-866-841-6229

NH Domestic Violence Hotline

1-866-644-3574

Sexual Violence

1-800-277-5570

(RAINN) Rape, Abuse & Incest National Network

1-800-656-HOPE(4673)

NH HOMELESS HOTLINE

1-800-852-3388

NEW BEGINNINGS WOMEN’S CRISIS CENTER

PO Box 622

Laconia 03247

1-800-852-3388

(603)528-6511

SUBSTANCE ABUSE

Alcoholics Anonymous

1-800-593-3330

www.nhaa.net/

Alanon (for families of alcoholics)

603 - 645 - 9518

www.nhal-anon.org/

Narcotics Anonymous

1-888-624-3578

Unitarian Universalist Church

206 Central Street

Franklin, NH

Friday 7:30 – 9:00 P.M.

Children and Family Resources

COMMUNITY BRIDGES

Concord Office
1-800-499-4153 Jo Edwards (Contact)
Serving people (children and adults) with a developmental disability

EASTER SEALS

CHILD CARE RESOURCE & REFERRAL SERVICES

Bow Office
1 Garvins Falls Road
Bow, NH 03304
226-3791 Ext. 24
1-800-870-8728, Ext. 3501 - A toll free number to access referral information. You may leave a voice-mail message at any time.

Services: Assisting families in finding high-quality, affordable child care; maintains up-to-date listings of child care availability. Providers may include group children centers, licensed family child care, license-exempt child care and nighttime child care.

ALCOHOLICS ANONYMOUS/ALANON

Alcoholics Anonymous

1-800-593-3330

www.nhaa.net/

Alanon (for families of alcoholics)

603 - 645 - 9518

www.nhal-anon.org/

*Also meets at the Franklin Parks and Recreation Center – Call for times (934-2118)

CAMP SPAULDING

103 North State Street
Concord, NH
www.cfsnh.org

Contact: Cathy White, Registrar
whitec@cfsnh.org

in season at:

125 River Road
Penacook, NH
campspaulding@cfsnh.org

Services: Sliding scale fee camperships available

(603)518-4003 - Concord
(603)224-7445 (fax)
(603)753-8990 - Penacook
1-800-640-6486 x4110

Ed Orlowski, Camp Director
orlowskie@cfsnh.org

CHILD & FAMILY SERVICES

Family Support/Counseling Program
Healthfirst Family Care

Contact: Joan Valk – Parenting Plus – See Page 6
Circle of Parents – See Page 4

(603)934-4885
1-800-640-6486

CHILD & FAMILY SERVICES OF NHwww.cfsnh.org**(603) 224-7479
1-800-642-6484
1-800-640-6486**103 N. State Street
Concord, NH 03301Hours: Monday - Friday, 9:00 AM-5:00 PM (Mondays until 8:00 PM)
Fees: Variable based on ability to pay.

- Services:
1. Counseling - Individual, Family and Group
 2. Group Home - For runaway and drug-involved youth.
 3. Camp Spaulding - River Road, Penacook. Residential camp for children ages 6-12. 8 sessions - each one week. Priority is given to low-income special needs children.
 4. Social Services - Social work, child placement, adoption services, private adoption, home studies, child advocacy, Parenting Plus.
 5. STEP Training - 9 week (one evening per week) training for parents.
 6. Parent Line - telephone communication with parents regarding children's issues.

CHILDFINDwww.childfindidea.org**934-3108**119 Central Street
Franklin, NH

Hours: Monday - Friday, 9:00 AM-5:00 PM

Fees: None

Eligibility: 3-21 years old (School age people).

Services: Evaluation of children 3 on with potential handicaps.

CIRCLE OF PARENTS www.circleofparents.org**934-4885**841 Central Street
Franklin, NH 03235Contact: Joan Valk
Fee: None

Services: A parent-to-parent program that offers free and confidential self-help support groups. Free child care is provided for parents who attend the group meets once a week, Wednesday 10:30-12:00, at the Methodist Church on Franklin Street. This group is open to anyone who wants to join at any time. a safe accepting, non-judgmental place to talk freely about parenting and explore ways of providing safe and caring homes for their children.

FAMILY RESOURCE CONNECTION**1-800-298-4321**NH State Library
20 Park Street
Concord, NH 03301**www.state.nh.us/nhsl/frc
271-7931 (In state only)****www.familyresourceconnection.org**

Services: A free service for NH residents. Books, videos and other child-related materials are mailed upon request along with a prepaid return envelope.

MERRIMACK COUNTY JUVENILE DIVERSION PROGRAM

An educational resource for parents, schools, and the community. An alternative to police and court intervention for youth under the age of 18.

Referrals can be made by schools, parents, and other community agencies. Court involvement is NOT a requirement for referral.

Program options include: Positive Decision Making; Bullying; Anger Management; Fire-setter Program, etc.

Contact:
Lynn Haskell
Franklin Program Manager
603-934-1015

**NH COALITION AGAINST DOMESTIC AND SEXUAL VIOLENCE
(603)225-7376**

Concord, NH
www.nhcadv.org

Crisis Line – 24 hour	1-866-841-6229
NH Domestic Violence Hotline	1-866-644-3574
Sexual Violence	1-800-277-5570
(RAINN) Rape, Abuse & Incest National Network	1-800-656-HOPE(4673)

NEW BEGINNINGS WOMEN'S CRISIS CENTER	1-800-852-3388
PO Box 622	528-6511

Laconia 03247

www.newbeginningsnh.org

Fees: None
Services: Provides emergency shelter for women and children. Also legal advice and support.

PARENTLINE **1-800-640-6486**

Child and Family Services of NH
www.parentline.com

Hours: 24 hrs/day - 7 days/week
Fees: None
Services: Answers to questions on a variety of parenting issues. Confidential, toll-free. Serving all of NH with headquarters in Manchester and regional office around the state.

PARENTING PLUS	1-800-640-6486
HealthFirst	(603) 934-4885

841 Central Street
Franklin, NH
www.cfsnh.org

Contact: Joan Volk

Fees: None
Eligibility: Merrimack County residents only
Services: Offers families guidance and support. Provides home-based services.

NARCOTICS ANONYMOUS

1-888-624-3578

Unitarian Universalist Church
206 Central Street
Franklin, NH
Friday 7:30 – 9:00 P.M.

UNIVERSITY OF NH CO-OP EXTENSION SERVICE (603)225-5505 or (603)796-2151

315 Daniel Webster Highway
Merrimack County
Boscawen, NH
www.extension.unh.edu

Contacts: Marilyn Sullivan, Family & Consumer Resources, Food Safety
Hours: 9:00 AM-5:00 PM (evenings by appt.)
Fees: None, small cost for some publications.
Eligibility: None
Services: Present family focus lectures to public groups; Nutrition program for parents while at home. Newsletter based on nutrition, parenting issues - free of charge. Newsletter to parents - Toddler Tales. Belknap County has an extension service also at Beacon Street East, Laconia, NH 03247, 524-1737.

Brenda Carey - 527-5475
36 County Drive
Laconia, NH 03246

Nutrition Connections – program that offers nutrition information and education to persons with limited income. No cost.
Contact person – Liz Martin-225-5505

R.E.S.P.E.C.T (Resources to Educate, Support, and Protect Every Community Teen)

Franklin Family Planning
841 Central Street
Franklin, NH
(603)934-4905
Meets Thursday afternoons from 2-6

FRANKLIN CITY CRIME LINE: Anonymous Tips

Remember, IF you have an emergency, you should always call 9-1-1

If you would like to anonymously report a non-emergency situation involving illegal substances, underage drinking, OR suspicious activity, please call the Franklin Crime Line:
603-934-4092

TWIN RIVERS INTERGENERATIONAL (TRIP) CENTER

Contact: Nancy Marceau, Program Director nmarceautrip@gmail.com

The TRIP Center offers different holiday activities for local families and youth. They also do the Meals on Wheels Program. They are moving to the Bessie Rowell Community Center, but not exactly sure of the date of their move. It would be good to contact Nancy to see if she would give you a quick write up for the Resource Guide.

FRANKLIN PARKS AND RECREATION DEPARTMENT

12 Rowell Drive

Franklin, NH 03235

Phone: 603-934-2118

Fax: 603-934-7410

Email: kalpers@franklinnh.org

Services:

The Franklin Parks and Recreation Department strives to make a positive difference in the lives of citizens of all ages through professionally managed recreation programs and activities, tournaments, and special events that foster economic impact, promote healthy lifestyles, social interaction, and civic pride among participants. The Recreation Department is responsible for scheduling youth and adult programs for the citizens of Franklin. We develop, provide and maintain recreational program facilities and leisure resources for the citizens and visitors of the community.

Each season a variety of programs are offered to the Community including, basketball, soccer, summer camp, swim lessons, golf lessons, afterschool program, cheerleading, field hockey, archery and many others. The Recreation Department also offers open gym and game room time for children and adults.

FRANKLIN MAYOR'S DRUG TASK FORCE

The Franklin Mayor's Drug Task Force is a coalition of individuals and organizations coming together from all sectors of the community to address a common goal: a healthy environment for the drug and alcohol free development of our youth and families. We serve the communities of Franklin and Hill, NH.

(603) 998-5337

www.franklinnh.org (click on the Drug Task Force icon)

PRESCRIPTION MEDICATION DISPOSAL

The Franklin Police Department has a PERMANENT medication collection box.

The following guidelines apply:

Collection box is located in the foyer of the Franklin Police Department at 5 Hancock Terrace.

- Collection Box is accessible 24 hours/day, 7 days/week.
- ONLY pharmaceutical drugs are to be placed in the box (over-the-counter OR prescription medication).
- This VOLUNTARY collection/disposal process is FREE and ANONYMOUS.
- NO needles, syringes or lancets will be collected. If you need to dispose of these items, Franklin Regional Hospital has specific collection days for sharps. Please call 603-934-2060 for more information.

- This collection box is constructed in such a manner and of materials that make it tamper-proof.

QUESTIONS?? Contact the Franklin Police Department at 934-2535

Looking to dispose of needles, syringes or lancets? *The Franklin Regional Hospital also has a sharps collection 3 times a year. Call 934-2060 for more information.

Education

FRANKLIN ADULT EDUCATION

(603)934-5441 Ext. 451

115 Central Street
Franklin, NH

www.franklinhighschoolonline.com

Hours: Tuesday & Thursday 9:00-11:30 AM & 6:30-9:00 PM

Contact: Penelope A. O'Connor

Services: Provides academic education to the under educated adults in the area (over 16).
GED testing

FRANKLIN HIGH SCHOOL SCHOLARSHIP

(603)934-5441

Central Street
Franklin, NH

www.franklinhighschoolonline.com

Hours: 8:00 AM - 3:00 PM

Contact: Guidance Department

Fees: None

Eligibility: Should be area resident.

Services: Current listing of all scholarships available to Franklin area residents.

LAKES REGION COMMUNITY COLLEGE AT FRANKLIN

(603)934-5441 x307

Franklin Academic Center

115 Central Street

Franklin, NH

www.nhctc.com

SECOND START

17 Knight Street, Concord NH 03301

Concord (Diane Lewis)

1-866-313-7837

(603)228-1341ex4212-Concord

Laconia , 571 Main Street (Nancy Hale)

1-800-559-2610

www.second-start.org

737-1018-Laconia

1-877-833-1018

Hours: 8:30 AM - 5:30 PM

Services: Adult basic education, adult tutorial program, career planning.

HEAD START

(603)934-2161

Rowell Drive (Old Bessie Rowell School)

Franklin, NH

Contact: Laurie Donahue

LOCAL COLLEGES:

NHTI AT CONCORD ----- 271-6484
31 College Drive
Concord, NH 03301
www.nhti.edu

**NH Community
Technical College ----- 934-5441 x307**
Franklin Academic Center
115 Central Street
Franklin, NH 03235
Contact: Joseph Hallgren

Hesser College ----- 225-9200
16 Foundry Street – Suite 201
Concord, NH 03301 **1-800-987-5112**
www.hesser.edu

**Lakes Region
Community College----- 524-3207**
379 Belmont Road **1-800-357-2992**
Laconia, NH 03246
www.nhctc.com

Franklin Pierce University ----- 228-1155
5 Chenell Drive – Suite 5
Concord, NH 03301
www.fplc.edu

Granite State College ----- 228-3000
8 Old Suncook Road **1-888-228-3000**
Concord, NH 03301
www.granite.edu

FRANKLIN FAMILY EDUCATION AND SUPPORT SERVICES:

An advisory Committee has been formed consisting of school and community representatives to work together toward building a stronger community. Our vision is to raise public awareness of Parent Involvement and the impact it has on school performance for building a stronger community.

Services: Parenting Education Classes for parents of children and adolescents.
Contact: Janine Davis 934-4144 or jdavis@sau18.org

Employment and Training

NH DEPARTMENT OF EMPLOYMENT SECURITY

(603)228-4100

10 West Street

Concord, NH 03301

www.nh.gov/nhes

Customer Service Call Center 1-800-266-2252

- Services:
1. Employment services - job counseling, placement and development, web database re: available job openings
 2. Job placement – job listing plus provisions for vocational counseling, aptitude and interest testing.
 3. Unemployment Benefits
 4. NH Employment Program

NH DEPARTMENT OF EMPLOYMENT SECURITY

(603)524-3960

426 Union Avenue-Suite 3

Laconia, NH 03246-2894

www.nh.gov/nhes/Laconia

NH DIVISION OF VOCATIONAL REHABILITATION

(603)271-2327

Concord Regional Office – 2 Industrial Park Drive, Bldg. 1

Concord, NH 03301

1-800-299-1647

www.ed.state.nh.us/vr

Hours: Monday-Friday, 8:00 A.M. – 4:30 P.M.

Eligibility: Individual must have a disability which is a substantial barrier to employment.

- Services:
1. Eligibility determination.
 2. Service plan – setting employment goal.
 3. Counseling and guidance.

FRANKLIN PUBLIC LIBRARY

(603)934-2911

310 Central Street

Franklin, NH 03235

www.franklinnh.org/coflibrary.htm

- Services:
- Children's story time; free passes
 - Internet access to educational sites
 - Craft programs; performances

Financial and Material Assistance

CONSUMER CREDIT COUNSELING SERVICE OF NH

105 Loudon Road-Building #1 – PO Box 818
Concord, NH 03301 Concord, NH 03302

(603)224-6593
1-800-327-6778

www.cccsnh-vt.org

Hours: Monday-Friday – 8:30 AM – 5:00 PM
Services: First time home buyers program. Individual budgeting money management, credit and debt counseling. With the exception of bankruptcy counseling, all counseling is offered free of charge.

BREAD & ROSES KITCHEN

Unitarian Church
206 Central Street (located next to Peabody Home)
Franklin, NH 03235

(603)934-2141

Hours: Monday and Thursday, 5:00 PM
Contact: Carolyn Sutcliffe
Fees: None
Services: One meal - supper (dinner)

TWIN RIVERS INTERFAITH FOOD PANTRY (ST. JUDES)

237 Central Street (next to Cumberland Farms)
Franklin, NH 03235

(603)934-2662
(Food Pantry #)
286-3120 (Church #)

Hours: Tuesday 9:00 AM - 11:00 AM
 Wednesday 5:00 PM – 7:00 PM
 Thursday 9:00 AM - 11:00 AM

COMMUNITY ACTION PROGRAM (CAP)

82 Elkins Street
Franklin, NH 03235

www.bm-cap.org

Hours: Monday-Friday - 8:30 AM - 4:30 PM
Food Closet: 3:00 PM -4:15 PM (Can receive free food with vouchers. Need to get voucher from CAP office 8:30-4:30.)

Contact: Gail Lyman
Fees: Pending Programs
Eligibility: Individualized to program
Services: Emergency services: food, housing, clothing, info & referral. The following programs can be applied for here:

1. Commodity Foods (Income eligibility) Distribution of generic food.
2. Fuel & Electric Assistance (income eligibility) assistance with fuel and discounted electric bill.
3. WIC (Income eligibility) Nutritional Program for Women, Infants and Children.

(603)934-3444

4. Share Program
5. Neighbor Helping Neighbor sponsored by PSNH. Assistance with electrical bill.
6. CAP's Cupboard (Food Pantry) Monday-Friday 1:00-2:00 P.M.

FUEL ASSISTANCE

(603)934-3444

See "Community Action Program" above for description.

LINK-UP

1-800-852-3793

(Fairpoint)

1-800-585-4466

Hours: 9:00 AM – 5:00 PM

Services: Financial assistance in getting a telephone

NH DIVISION OF HEALTH AND HUMAN SERVICES

271-6200

(TANF, Medicaid, Food Stamps)

1-800-322-9191

40 Terrill Park Drive

Concord, NH 03301-7325

www.dhhs.state.nh.us

Hours: 8:00 AM - 4:30 PM

Fees: None

Services: Provide TANF (Temporary Assistance to Needy Families), Medicaid, Food Stamps

Eligibility: Determined by interview

Medicaid & Food Stamps - 1-800-852-3383

NH DEPT. OF AGRICULTURE

DIVISION OF ANIMAL INDUSTRY

271-2404

PET & NEUTERING/SPAYING ASSISTANCE

271-3697

agriculture.nh.gov

Services: Reduced cost for pet neutering if you qualify. Call NH Department of Agriculture at number shown.

SOCIAL SECURITY ADMINISTRATION

224-1939

District Office

1-800-772-1213

US Dept. of Health and Human Services

70 Commercial Street, Suite 100

Concord, NH 03302-1416

www.ssa.gov

Hours: Monday - Friday, 7:00 AM - 7:00 PM

Area: Merrimack, Belknap and Sullivan Counties

To Apply: Contact office in person, by mail, or telephone, online

Fees: None

Purpose: The Social Security Administration administers federal programs to replace income lost because of retirement or disability. It also administers the Supplemental Security Income program and Medicare. The district office provides information on eligibility; helps people apply for eligibility for benefits; and processes claims for Social Security benefits (retirement, survivors, and disability), Supplemental Security Income (SSI), and Medicare insurance.

- Services:
1. Social Security Retirement Benefits.
 2. Social Security Survivors Benefits.
 3. Social Security Disability Benefits.
 4. Supplemental Security Income (SSI).
 5. Medicare Insurance.

FREE INCOME TAX PREPARATION

Franklin Asset Building Coalition

(603)934-3315

Free income tax return preparation information and referral.

WELFARE - FRANKLIN

Services: The basic criteria for eligibility are financial need and inability to support oneself.

316 Central Street
Franklin, NH 03235

Contact: Sara C. Tracy
Phone: 934-3404
Hours: Mon, Tue, Thurs 8:00 AM -1:00 PM
Friday 12:00-5:00

WOMEN, INFANTS AND CHILDREN (WIC)

Special Supplemental Food Program

www.fns.usda.gov/wic/

(603)225-2050

1-800-578-2050

and

COMMODITY SUPPLEMENTAL FOODS PROGRAM (CSFP)

2 Industrial Park Drive
Concord, NH 03301

Services: Free supplemental food for pregnant and breastfeeding women and children under age 5. Commodity foods for families with children up to their 6th birthday. Health and nutrition education.

Health Services

COMMUNITY BRIDGES

Mailing: 2 Whitney Road
Concord, NH 03301

1-800-499-4153
(603)225-4153 (Referral)

Office: 70 Pembroke Road
Concord, NH 03301

(603)225-6159

www.communitybridgesnh.org

Fees: None

Eligibility: Merrimack County residents

Services: Provides early supports and services to children and adults with delays or disabilities.

CONCORD PEDIATRIC DENTISTRY

16 Foundry Street (I-93, Exit 16)
Concord, NH 03301

(603)224-3339

www.concordpediatricdentistry.com

Eligibility: Accepts Healthy Kids

DENTAL RESOURCE CENTER

29 Elliot Street
Laconia, NH 03246

(603)527-7112

Eligibility: Accepts Healthy Kids

WINNISQUAM DENTAL

944 Laconia Road
Laconia, NH 03246

(603)528-1212

Eligibility: Accepts Healthy Kids

FRANKLIN FAMILY PLANNING

841 Central Street – Suite 102
Franklin, NH 03235

(603)934-4905

Services: Gynecological services to women of all ages, included distribution of birth control materials. Confidential HIV testing and counseling. STD treatment screening and education program.

GREATER FRANKLIN H.E.A.L (Healthy Eating Active Living) COALITION

www.healnh.org

Greater Franklin HEAL is a coalition of the Caring Community Network of the Twin Rivers, Franklin Regional Hospital, and the City of Franklin, the Mayor's Drug Task Force and other regional community organizations, school districts in the city of Franklin and 13 central NH towns. We provide community leadership, support and resources for individuals and organizations to implement healthy eating and physical activity programs for individuals and organizations to implement healthy eating and physical activity programs, environments and policies in order to lead healthy lives.

FRANKLIN REGIONAL HOSPITAL**(603)934-2060**

Aiken Avenue
 Franklin, NH 03235
www.lrgh.org

Fees: Depends on service - call for more info.
 Eligibility: Income eligible, Medicaid, some free.
 Services: Women’s Health, Internal Medicine, Primary Care, Specialty Services, Occupational Health, Orthopedics, Emergency Care, Laboratory Services, Nutrition Counseling, Community Health Education Programs/Classes.

FRANKLIN VNA**(603)934-3454**

75 Chestnut Street
 Franklin, NH 03235
www.vnafnh.org

Hours: 8:00 AM-4:30 PM
 Fees: Sliding scale, Medicaid
 Eligibility: Income eligible

HEALTHY FAMILIES OF THE TWIN RIVERS**(603)934-0177**

For pregnant and parenting families in the community
 841 Central Street
 Franklin, NH 03235
www.ccntr.org/healthy_families.asp

Contact: Kathy Wilson, RN
 Services: Parent education especially for Medicaid qualified families, mothers who are smokers or who have other significant risk factors for having low birth weight or potentially pre-term infants.

HEALTHLINK – HEALTH INSURANCE

Health First – Franklin
 Franklin Regional Hospital

(603)934-1464
(603)934-2060 x 320 or 279

Information and referral system providing healthcare, financial counseling and access to medical, dental and prescription services to those in financial need.

TILTON V.A. COMMUNITY BASED OUTPATIENT CLINIC

630 West Main Street, Suite 400
 Tilton, NH 03276

(603)624-4366 Ext. 3199
1(800)892-8384 Ext. 3199

Services: Primary Care, Preventative Health, Chronic Health Management, Physical Examinations, Nutrition, Laboratory – Tuesday and Thursday mornings, and referrals to other VA services.

NATIONAL CALL CENTER FOR HOMELESS VETERANS – 1-877-4AID-VET

HEALTH FIRST FAMILY CARE CENTER841 Central Street
Franklin, NH

Laconia Office

(603)934-1464**(603)366-1070****www.healthfirstfamily.org**

Hours: Call for an appointment - Chris Tilton

Fees: Accepting all health insurance plans and Medicaid. Offering sliding fee scale for qualified uninsured families.

Services: Family practice medicine, acute and chronic illnesses, nutrition counseling, obstetrics/GYN, individualized care planning and support, prenatal care, men's health issues, referral to appropriate community services, home supports, transportation, women's health, well child check-ups, immunizations for all ages, adolescent health, on-site treatment of minor injuries, senior health care, health education /preventive care, cryosurgery (mole removal). Free screening for breast and cervical cancer. Mental health counseling.

MEDICAID CLIENT SERVICES**www.medicaid.com****www.dentistguides.org**

Services: Help finding a dentist.

1-800-852-3345 ext. 4344**or (603)271-4344****NH HEALTHY KIDS**1 Pillsbury Street – Suite 300
Concord, NH 03301**www.nhhealthykids.com****1-877-464-2447****or (603)228-2925**

Fees: Free for families under 185% poverty level, affordable premiums and 10-pays for those families above 185%, based on sliding fee scale. (Ask your family services worker to help you apply.)

Services: Health and dental insurance for children up to age 19 provided through a partnership with Blue Cross/Blue shield and the State of New Hampshire.

NHTI AT CONCORDDental Hygiene Clinic
31 College Drive
Concord, NH 03301**www.nhti.edu/dentalclinic.html****(603)271-7160**

Services: Hygiene clinic offers cleaning, x-rays, and sealants for minimal fee.

WEST SIDE HEALTH CARE125 South Main Street
Franklin, NH 03235**(603)934-4259****(603)934-2547**

Services: Primary Care for adults and pediatrics

Housing

TWIN RIVERS COMMUNITY CORPORATION**(603)934-8158**

CAP Area Center
82 Elkins Street
Franklin, NH 03235

Eligibility: Low income - living in substandard housing or facing eviction - homeless or overcrowded.

Services: The program goal is to facilitate the client's progression from dependence on public assist to self reliant. program provides these families with housing adequate to meet their specific needs. Focus on support of single parent households.

FRIENDS PROGRAM**(603)228-1462**

Contact: Tamara Saxby

Services: Family Shelter in Concord

FIRST CONGREGATIONAL CHURCH**(603)225-5491**

117 N. Main Street
Concord, NH 03301

Services: Shelter (next to Hess Station) opens at 10 PM (7:30 on coldest nights)

SAVLATION ARMY**(603)528-8086 24/7**

100 S. Fruit Street
Concord, NH 03301

(603)228-3505 24/7

Services: Operates McKenna House shelter for individuals and shelter in Laconia

OPEN ARMS OUTREACH**(603)524-4580 (M-F, 9-5)**

756 Union Ave
Laconia, NH

BELKNAP-MERRIMACK CAP

Homeless Outreach
Housing/Homelessness Resource
New Start Program

(603)225-3295**(603)225-3295****(603)229-1989****SECURITY DEPOSIT LOAN PROGRAM**

Community Services Council (603)225-9694 (800)843-1117
Unite to Help Merrimack County Rent Security Deposit Fund (603)225-9000

NEW HAMPSIRE HOMELESS MANAGEMENT INFORMATION SYSTEM (603)228-2218**NEW HAMPSIRE HOMELESS HOTLINE (603)852-3388****NH HOUSING FINANCY AUTHORITY (SECTION 8 VOUCHERS) (800)439-7247**

Mental Health Services

CHILD & FAMILY SERVICES

@ Health First
841 Central Street
Franklin, NH 03235
www.cfsnh.org

(603)934-4885
1-800-640-6486

Hours: 9:00 AM-5:00 PM, evenings by appointment
Fees: Accept BC/BS, private insurance, sliding scale, minimum fee \$5/visit.
Contact: Karen Goddard, ext. 175
Services: Counseling, group therapy, individual and family counseling.

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)-NH

Child Adolescent Network
15 Green Street
Concord NH 03301
www.naminh.org

(603)225-5359
1-800-242-6264

Contact: Patricia Nelson – 228-1160
Services: Family support regarding emotional disability, resource library

TWIN RIVERS COUNSELING ASSOCIATES

(Merrimack County) (A satellite office of Riverbend
53 Kendall Street Mental Health)
Franklin, NH 03235
www.riverbendcmhc.org

(603)934-3400
800-852-3323
(After hours and weekend
emergency services)

Hours: 8:00 AM-4:00 PM
Fees: Sliding scale - Merrimack County
Services: Counseling family, individual and child. Occasionally offering self-help courses in parenting, self esteem and support groups.

SUICIDE AND CRISIS HOTLINE

1(800)273-8255
Press #1

Transportation

MORE THAN WHEELS
250 Commercial Street – Suite 4021
Manchester, NH
1-866-455-2522
www.morethanwheels.org

A not-for-profit organization that provides financial literacy training, car-buying assistance and loan guarantees to NH individuals. The program has offices in Lebanon, Manchester, Portsmouth and Keene with outreach centers in Concord and Exeter.

CONCORD TRAILWAYS

(603)228-3300

concordcoachlines.com/concord_coach.htm

Services: Bus service to Manchester, Logan Airport, and Boston South Station
Info Center: **1-800-639-3317**

WINNIPEASAUKEE TRANSIT SYSTEM

Ride Line

(603)528-2496

Community Action Program
Belknap-Merrimack Counties, Inc.

www.bm-cap.org/wts.htm

Offers bus service between Belmont, Franklin, Tilton and Laconia.

Printing courtesy of:



Choose Franklin

Franklin Area Family Resource Guide
Quick Reference Sheet

In case of **emergency**911
To find out about services in your community211
Poison Control.....1-800-562-7376
NH Homeless Hotline.....1-800-852-3388
Community Action Program (CAP)..... (603)934-4444
WIC..... (603)225-2050
Franklin Regional Hospital..... (603)934-2060



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